

# **Swami Vivekanand University, Sagar (M.P.)**

**As per model syllabus of U.G.C. New Delhi, drafted  
by NCTE & Approved by Higher Education and the  
Governor of M.P.**



**शारीरिक शिक्षा संकाय**

**Faculty of Physical Education  
Syllabus & Prescribed Books**

**M.P.Ed Semester Examination**

**2016-17**

**I, II, III & IV Semester**

**कुलसचिव**

**स्वामी विवेकानंद विश्वविद्यालय, सिरोंजा, सागर (म.प्र.)**

# M.P.Ed Semester-1

## Part A :Theoretical Course

Course Code	Title of the Papers	Maximum External Marks	Minimum External Passing Marks	Maximum Internal Marks	Minimum Internal Passing Marks	Total Maximum Marks
<b>Core Course</b>						
<b>MPCC-101</b>	Research Process in Physical Education & Sports Sciences	<b>70</b>	<b>28</b>	<b>30</b>	<b>12</b>	<b>100</b>
<b>MPCC-102</b>	Physiology of Exercise	<b>70</b>	<b>28</b>	<b>30</b>	<b>12</b>	<b>100</b>
<b>MPCC-103</b>	Yogic Sciences	<b>70</b>	<b>28</b>	<b>30</b>	<b>12</b>	<b>100</b>
<b>Elective Course (Anyone)</b>						
<b>MPEC-101</b>	Tests, Measurement and Evaluation in Physical Education	<b>70</b>	<b>28</b>	<b>30</b>	<b>12</b>	<b>100</b>
<b>MPEC-102</b>	Sports Technology					
<b>Part-B Practical Course</b>						
<b>MPPC-101</b>	Track and Field 1. Running Events*2. Gymnastics*3. Swimming. (*Any one)	<b>70</b>	<b>35</b>	<b>30</b>	<b>15</b>	<b>100</b>
<b>MPPC-102</b>	Laboratory Practical Sports Psychology, Physiology of Exercise, Sports Biomechanics and Kinesiology <b>(Two practical for each subject)</b>	<b>70</b>	<b>35</b>	<b>30</b>	<b>15</b>	<b>100</b>
<b>MPPC-103</b>	Yoga*Aerobics/ Self Defence Techniques-Martial Arts, Taekwon-do/ Shooting/ Archery -(*AnyOne activity + Yoga)	<b>70</b>	<b>35</b>	<b>30</b>	<b>15</b>	<b>100</b>
<b>MPPC-104</b>	Adventure Activities/ Mass demonstration Activities	<b>70</b>	<b>35</b>	<b>30</b>	<b>15</b>	<b>100</b>
<b>Total</b>		<b>560</b>		<b>240</b>		<b>800</b>

### **M.P.Ed. - Minimum Passing Standard:**

The minimum passing standard for CIA (Continuous Internal Assessment) and External Examinations shall be 40%, ie. 12 mark out of 30 marks and 28 marks out of 70 marks respective for theory Course. The minimum passing for both CIA & external examination shall be 50%, ie 15 marks out of 30 and 35 marks out of 70 marks for the practical Courses.

# M.P.Ed Semester-II

## Part A :Theoretical Course

Course Code	Title of the Papers	Maximum External Marks	Minimum External Passing Marks	Maximum Internal Marks	Minimum Internal Passing Marks	Total Maximum Marks
MPCC-201	Applied Statistics in Physical Education & Sports	70	28	30	12	100
MPCC-202	Sports Biomechanics & Kinesiology	70	28	30	12	100
MPCC-203	Athletic Care and Rehabilitation	70	28	30	12	100

## Elective Course (Anyone)

MPEC-201	Sports Journalism and Mass Media	70	28	30	12	100
MPEC-202	Sports Management and Curriculum Designs in Physical Education					

## Part-B Practical Course

MPPC-201	Track and Field II: Jumping events +Hurdles*Gymnastics/ *Swimming (*any one)	70	35	30	15	100
MPPC-202	Games Specialization-Kabaddi, KhoKho, Badminton/Table Tennis /Tennis/Squash/Baseball/Volleyball/Basketball/Cricket/football/Handball/Hockey/ Netball/ Softball (Anytwo games.)	70	35	30	15	100
MPPC-203	Teaching Lessons of Indigenous Activities and Sports- 5 Lessons(4 Internal &1 External)	70	35	30	15	100
MPPC-204	Class room Teaching Lessons on theory of different Sports & Games- 5 Lessons (4Internal & 1 External)	70	35	30	15	100
<b>Total</b>		<b>560</b>		<b>240</b>		<b>800</b>

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## M.P.Ed Semester-III

### Part A :Theoretical Course

Course Code	Title of the Papers	Maximum External Marks	Minimum External Passing Marks	Maximum Internal Marks	Minimum Internal Passing Marks	Total Maximum Marks
MPCC-301	Scientific Principles of Sports Training	70	28	30	12	100
MPCC-302	Sports Medicine	70	28	30	12	100
MPCC-303	Health Education and Sports Nutrition	70	28	30	12	100

### Elective Course (Any one)

MPEC-301	Sports Engineering	70	28	30	12	100
MPEC-302	Physical Fitness and Wellness					

### Part-B Practical Course

MPPC-301	Track and Field III: Throwing Events +introduction of Heptathlon event. *Gymnastics/*Swimming (*Any One)	70	35	30	15	100
MPPC-302	Games Specialization- III Boxing/ Fencing/ Judo/ Karate/ Wrestling /Wushu (Any Two)	70	35	30	15	100
MPPC-303	Coaching Lessons of Track and Field/ Gymnastics/Swimming - 5 Lessons (4Internal &1External)	70	35	30	15	100
MPPC-304	Coaching Lessons of Game Specialization - 5 Lessons (4 Internal & 1 External)	70	35	30	15	100
<b>Total</b>		<b>560</b>		<b>240</b>		<b>800</b>

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The minimum passing standard for CIA (Continuous Internal Assessment) and External Examinations shall be 40%, ie. 12 marks out of 30 marks and 28 marks out of 70 marks respective for theory Course. The minimum passing for both CIA & external examination shall be 50%, ie 15 marks out of 30 and 35 marks out of 70 marks for the practical Courses.

# M.P.Ed Semester-IV

## Part A :Theoretical Course

Course Code	Title of the Papers	Maximum External Marks	Minimum External Passing Marks	Maximum Internal Marks	Minimum Internal Passing Marks	Total Maximum Marks
MPCC-401	Information & Communication Technology (ICT) in Physical Education	70	28	30	12	100
MPCC-402	Sports Psychology	70	28	30	12	100
MPCC-403	Dissertation	70	28	30	12	100

## Elective Course (Anyone)

MPEC-401	Value and Environmental Education	70	28	30	12	100
MPEC-402	Education Technology in Physical Education					

## Part-B Practical Course

MPPC-401	Track and Field Introduction of Decathloevet*Gymnastics* Swimming Practical Skill (*any one)	70	35	30	15	100
MPPC-402	Games Specialization-Practical skills (any two)	70	35	30	15	100
MPPC-403	Officiating Lessons of Track and Field Gymnastic/ Swimming - 5Lessons (4 Internal & 1External)	70	35	30	15	100
MPPC-404	Officiating Lessons of Game Specializations- 5 Lessons (4 Internal & 1External)	70	35	30	15	100
<b>Total</b>		<b>560</b>		<b>240</b>		<b>800</b>

### M.P.Ed. - Minimum Passing Standard:

The minimum passing standard for CIA (Continuous Internal Assessment) and External Examinations shall be 40%, ie. 12 marks out of 30 marks and 28 marks out of 70 marks respective for theory Course. The minimum passing for both CIA & external examination shall be 50%, ie 15 marks out of 30 and 35 marks out of 70 marks for the practical Courses.